

Staying Motivated in Guiding

Guiding is one of the best parts of my life! It gives me so much adventure, opportunity, and purpose, but there are those few times when I struggle to stay motivated. During these times, I try to remind myself of my “powerful why”. So, after chatting with my local team and friends, I thought I’d share some of our powerful whys.

“Guiding for me is such an opportunity to help shape a young person’s life, to help them go on to be everything they want to be, but a guide recently reminded me that sometimes it’s also the small things. The moments of games, because running around on the secondary school playground isn’t cool anymore, are just as important as anything else. We give them space to grow in their own time.” Abigail

“One of the reasons I still do it despite the stress is I remember the impact my leaders (who are now great friends) had on my confidence at that age. They didn’t judge, let people be who they needed to be and worked with me to grow. A leader moment that I remember fondly is when a Brownie (9) who was selective mute and had global development delay, answered a question in circle time.” Beth

“It’s the little things, like when they’ve mastered the cooking skill and proudly hand me a plate of cooked food at camp.” Sophie

“I’m their safe space. I know that no matter the week they’ve had, I’ll be here ready to support them.” Emma

“The moments when they learn common sense, and that a roast dinner doesn’t in fact cost “60 bagillion pounds”.” Sarah

“So many reasons! Because it’s an excuse to run around like an eight year old and have fun doing the things I was too shy to do when I was their age. Because these young people don’t see any barriers and have a strong chance of fixing our generation’s mistakes. Because I can’t wait for 5-10 years’ time when I meet them again and I’ll be so proud because I helped them become this totally amazing person. Because chocolate! And any excuse for craft and summer star lit nights... the sleep deprivation just adds to the experience. Because having Wyvern shouted at you across the supermarket isn’t that embarrassing and actually lets you show off to your friends. Because the world is take, take, take, and it’s actually nice to give something back for a change.” Babs

“For the girls, to see them grow.” Cerise

If, for whatever reason, guiding is feeling hard right now, please feel free to borrow one of our powerful whys. Sometimes it just takes the small reminder to reignite the spark.