

## **Budget winter activities – Brownies**

Having fun with our girls on a budget has never been more important, so I've come up with some different activities that you could try this winter!

While these activities are aimed at brownies, they can be adapted for any age group.

### **Sock snowball fight**

Just as it says on the tin! Ask each girl to bring a pair of balled up socks. Split up into two (or more) teams and let them loose with the snowballs! Dodgeball rules apply, if you're hit, you join the other team.

Top tip – write their name on a slip of paper and pop it inside the ball so that you know whose is whose!

### **Roll a Christmas tree**

Just like beetle drive. Each girl gets a piece of paper and pen (scrap paper works), then each group gets a dice. They need to build a Christmas tree by rolling the dice.

For a Tree, throw a 1. You must get this before you can start

For a Star, throw a 2.

For a Bauble, throw a 3. Two needed.

For a Strand of Tinsel, throw a 4. Two needed.

For a Present, throw a 5 or a 6. Three needed.

It doesn't matter what the Christmas tree looks like, just make sure that they've got all of the needed parts. Why not mix it up too and try other winter themed shapes like snowmen or reindeer.

### **Winter would you rather**

Get all of the girls to stand in the middle. Then give 2 winter options, pointing to either end. Then on the count of 3 get the girls to run to either end to signal their choice.

Examples:

- Winter walk or Warm fire
- S'mores or Hot chocolate
- Games night or movie night
- Peeling vegetables or cleaning the table
- Santa Claus or Jack Frost

- Live as an elf or live as a reindeer
- Wrap presents or write name labels

### **Winter celebrations**

There are lots of different celebrations at this time of year. Visit the library and get some books. Giving each six a different celebration, ask them to research and learn more about it. Then choose 1-5 fun facts and feedback to the rest of the group.

Why not explore:

- Boxing day
- Chinese new year
- Christmas
- Diwali
- Hanukkah
- Kwanzaa
- Las Posadas
- St. Lucia day
- Three kings day
- Winter Solstice

If there are girls who celebrate different festivals, why not offer for them to share something about their festival with the group.

### **What winter time means to me**

Small group discussions about what the girls like about the winter season, what they're excited for, what might be making them nervous, and why some people might find this time of year special.

### **Press the red reindeer nose**

Each six will need a blank piece of paper. They need to work together to draw a reindeer. They could draw the head or the whole body, but it must have a bright red nose.

Stick the picture to the wall. Get girls to close their eyes one at a time, spin around and try to press on the reindeers red nose.

Top tip – Giving the girls something to trace for the nose (e.g. a bottle cap, badge or similar) will help to make the game fair.

### **Paper crafts**

Using basic paper and pens, get the girls to decorate the paper to make paperchains, snowflakes, wrapping paper and possibly even try origami!

### **My wonderland**

This time of year can be really busy and stressful. Taking a moment for meditation can help the girls stay regulated. Have them all sit quietly on the floor and imagine a winter scene that they enjoy, it could be a sitting by a warm fire, walking on fresh snow, opening presents, hugging family around the tree, or anything else. Then, walk the girls through finding each of the 5 senses within the scene.

- 5 things they can see in the scene
- 4 things you can feel
- 3 things you can hear
- 2 things you can smell
- 1 thing you can taste