Joining the Trefoil Guild

I love Girlguiding and everything that it offers for young people, but I found I wanted a space where I could do all of the fun things they got to do! So, a friend introduced me to the Trefoil Guild.

I'd been under the assumption that Trefoil was for older guiders drinking tea and reminiscing about the good old days – boy was I wrong! I found an amazing online guild meeting every other week with loads of people my age who also want to have a go at what the young people get to do. I'd love to share some of the highlights for me so far.

Completing my STARS award – This is a challenge to complete 5 tasks in each of the 5 themes: skills, together, action, roam, and self. I learnt so many new skills doing this, including how to use power tools, writing articles for the magazine, and leading my first residential.

Monopoly run – We've been on a number of different trips, including completing the London monopoly run. This was an action packed day running (at an appropriate speed for adults) around London to try and buy as many properties as possible. It was lovely being part of a group that understood we have different capacities and levels of competitiveness.

Badges – Really, aren't badges the best part of every guiders life?! It's so nice to spend an evening working through a challenge pack with a group of likeminded adults and earning a badge at the end of it. We've done everything from sharing our favourite books, learning about resilience, parliament week, and of course thinking day.

Glenbrook camp – I use the word "camp" strongly. We fully intended to sleep in tents... however even 8 seasoned guiders decided that there was enough rain that we would have needed a boat... so in Glenbrook house we went. We had an amazing time doing archery, bushcraft, sewing badges, cooking, and even a promise ceremony.

Community – It sounds cheesy to say, but the thing I love most about trefoil is the amazing community it's built. I know that there's always fellow

guiders willing to give me a hand, whether it's someone to talk to or a last minute home contact, they've always got my back.

So, I encourage anyone who's interested to get in touch and see what's around! Thank you the Distant Fellowship Trefoil Guild, you've really shown me that trefoil is truly guiding for adults.