



# Seasons of Sustainability



We're excited to announce our new Social Action project called Seasons of Sustainability. This project will span over four years, where each season will have a different theme to address our members' concerns around being sustainable and environmentally efficient and to encourage our members to take action to make significant and positive change for our region. Our project begins in winter 2026 with this activity sheet focusing on fast fashion and fashion sustainability.

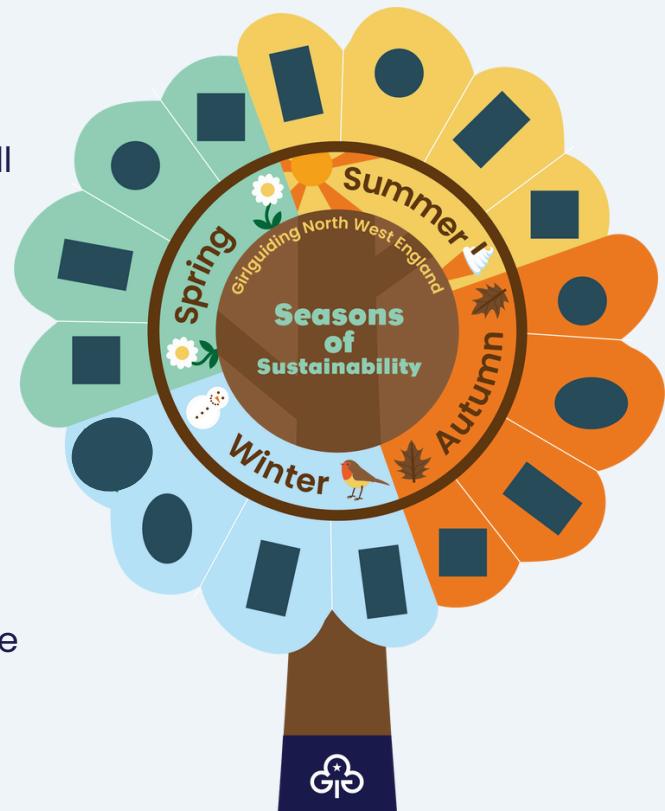
To help bring these activity sheets together, we have worked with other charities and organisations to help shape and create these activities; using their expertise and knowledge to create something informative and engaging for our young members.

The theme for this sheet is fast fashion, so we decided to work with Another Way, a youth sustainability charity in Cumbria, who create resources for young people to begin their sustainability journey; offering new alternatives, ideas, and action plans for young people to get involved with.

## Here's what you need to know:

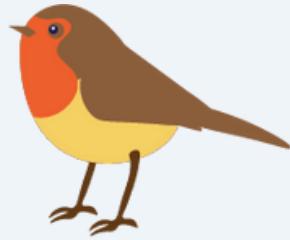
In total, there will be 16 different activities you will need to complete in order to earn your Seasons of Sustainability badge. Each activity sheet you do, you will be able to earn a new leaf. We will reveal what the icon for next theme is inside our activity sheet. You are also able to complete other programme badges alongside these activities. You can purchase the badge in our shop, in store or online.

Each activity sheet will be made available before the next upcoming season so you can fit this badge around any other planned unit activities.





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**Winter 2026's badge icon is...**



**Want more?**

Below are some resources you can access from Another Way that will help to develop your knowledge and understanding of the many issues that we are facing that is linked to fast fashion, sustainability and the climate crisis.

The power of 10 movement is a digital community for young changemakers who want to get involved and make a difference. If you're aged for 11-25 this is a community for you!

<https://another-way.org.uk/power-of-10/>

<https://powerof10.another-way.org.uk/t/how-to-guide-organize-a-clothes-swapping-event/111>

<https://another-way.org.uk/getting-started/>

If you're interested in doing more activities around fast fashion, you can find more on our website - leader resources - Challenges and Badges - Seasons of Sustainability.



## Strike a pose! (60 minutes)



Host a fashion show using forgotten clothes to bring them back to life! This activity aims to get our members thinking about their consumption of new clothes and what outfits could be found already in their wardrobe. Use this as an opportunity to get creative with style, and have fun together.

### Equipment:

- Unwanted/ old clothes.
- Device for music.



### Method:

Using unwanted clothes from home, bring them to your unit and put together a new, cool, sustainably sourced outfit!

In your units you can work together to assemble each outfit, put some music on, and host your own catwalk.

Members can either write or say a short description on why they chose to put their outfit together, reflecting on what they enjoyed about the process and the advantages of resourcing and upcycling clothes.

**This activity counts towards your Recycling, Thrift, Conscious consumer, Zero Waste or Upcycling interest badge!**

