

# Tall Ship Experience - FAQ's

## How old do I need to be to go on the trip?

You need to be aged at least 16 on 25<sup>th</sup> July 2019 - with no upper age limit.

## What will I be doing?

You will get involved in all aspects of sailing the ship, including stowing and handling sails, helming, working in the galley to help prepare meals and washing up (but no cooking required). 'Happy hour' - cleaning the ship. Some of the work will be physically demanding, so you must be prepared to work hard, but you will get to work with your team to complete the challenge. Be under no illusions though, there are no passengers on this trip, everyone is expected to take a full and active part to ensure the smooth running of the ship - a real sailing experience. You will also get some free time to relax and hopefully, time ashore to explore when we are in port.

## Who else will be on the ship?

The ship is run by a team of 8 Merchant Navy crew. The voyage is split into four watches to enable the ship to function 24 hours a day. You will learn more about this on board.

## What will I get out of this adventure?

- A fun amazing and exhilarating experience with a sense of achievement and increased self-confidence through acquiring new skills
- An unusual physical environment which requires you to adapt your normal pattern of behaviour
- The need for teamwork
- A challenge
- You must be prepared to be taken out of your comfort zone and to be challenged - you will also be required to get up in the middle of the night to go on watch to help sail the ship.

## I have a medical condition/disability, will this stop me from being able to go?

The Jubilee Sailing Trust looks at each application individually and if they can offer a quality experience in a safe environment, they will consider the situation. They usually accept candidates with visual or hearing impairments, epilepsy, diabetes and most physical disabilities.

## What are the facilities on board like?

Your bed is a snug, comfortable bunk with a cubby hole and locker to store your personal belongings. Berths are either in the forecabin - like a dormitory or in a two-bunk cabin usually reserved for those in a wheelchair or with a physical disability. There are standard 3 pin plugs on board and you can charge mobiles etc but at sea you probably won't have a signal! You are not allowed mobiles and MP3 players on the bridge while on watch.

## What do I need to bring with me?

Personal clothing a towel for showers and a full information list will be sent to you. We provide all bedding, wet weather gear, and wellies on board.

### What will the food be like?

The JST caters for all special diets. There are three cooked meals a day: 08.00, 12.30 and 18.00. There is always tea, coffee and squash available and snack food available when on night watch.

### What about fundraising?

This event is self-funded but that doesn't stop you fundraising and approaching your county/division/district to see if they would give you a donation. Your unit might also help you fundraise for this once in a lifetime opportunity.

### What about seasickness?

You are advised to bring your own sea sickness medication if you are concerned. Medication needs to be taken at least two hours before sailing to be effective as once you feel sick, it's too late. Sea sickness does pass in a day or two so is soon forgotten about. You would be wise to consult your pharmacist or Doctor before sailing if you are at all concerned.

### What about alcohol (if I am over 18)?

Voyage crew are forbidden to bring alcohol on board or drink alcohol if under 18. When ashore excessive drinking or underage drinking will not be tolerated. As this is a Guiding event, we would expect everyone to behave in a suitable manner, particularly when on shore as you will be representing Girlguiding. Non-prescription drugs are not permitted. The Jubilee Sailing Trust reserve the right to remove people from the vessel if they are putting themselves or others in danger.

Please visit [www.jst.org.uk](http://www.jst.org.uk) for further information about sailing and experience on board.

Here are a few photos of the ship, Tenacious:



Please contact Girlguiding North West England at: [northwesthq@girlguidingnwe.org.uk](mailto:northwesthq@girlguidingnwe.org.uk), 01772 791947 or email [sales@jst.org.uk](mailto:sales@jst.org.uk)