



# INSPIRE

YOUR PATH

## CHALLENGE PACK



# WELCOME TO GIRLGUIDING NORTH WEST ENGLAND INSPIRE'S CHALLENGE



Inspire is Girlguiding's brand-new community for members aged 18-30. It offers a wide range of opportunities for members in this age group to gain skills, connect with other guiding members of a similar age and, most of all, have fun! All of the opportunities available through Inspire fit into one of its seven pathways and two themes - its Pathways are Adventure and Challenge, Beyond the UK, Events Experience, Sharing Skills, Leading the Way, Developing Others and Voice and Action, and its Themes are Learning and Awards, and Just for Me.

This challenge has been designed to get you started on your Inspire journey and to give you a flavour of what each of these pathways and themes involves, and the sort of opportunities and experiences you can enjoy as an Inspire member. And, of course, there's a badge!



We hope you enjoy taking part and beginning your journey as a member of Girlguiding North West England Inspire.

# FAQs

## HOW TO COMPLETE THIS CHALLENGE:

Inspire Your Path is suitable for all Girlguiding North West England Inspire members to take part in (members aged 18-30). It is designed to be undertaken individually, but there are opportunities to work with other Inspire members, units and partner organisations throughout. The challenge is split into the 7 Pathways - Adventure and Challenge, Beyond the UK, Events Experience, Sharing Skills, Leading the Way, Developing Others and Voice and Action. Whilst we would like you to challenge yourself to complete as many activities as possible, Inspire Your Path is very much a personal challenge, so it is up to you to decide which activities you would like to do. The challenges are also designed to inspire you, not restrict you, so please feel free to adapt the challenges to suit you, and to add in additional challenges within the pathway themes! This is a fun badge, not a qualification, so as long as you feel you have taken a full and active part in the challenge, you should receive the badge.

## ADAPTING THIS CHALLENGE PACK DUE TO THE COVID-19 PANDEMIC

During the current pandemic, we understand the need to be flexible with the activities we undertake. With that in mind, please feel free to adapt this challenge pack to suit you. Please only complete the activities you are able to, using materials you are able to access easily and safely. Remember, many of the activities that would traditionally be done face to face can also be done virtually. Above all it is important to ensure that, when taking part in any of the challenges, you observe social distancing guidelines and any developing UK Government Guidelines, both nationally and appropriate to your local area.

## HOW TO ORDER YOUR BADGES:

Badges are £1 each and can be ordered from the Girlguiding North West England online shop.

## WHY NOT TRY SOME OF OUR TOP TIPS TO MAKE THIS CHALLENGE PRINTER FRIENDLY:

- Print multiple pages to one sheet - make sure you can still read them though!
- Set your printer to double-sided, for optimum paper economy
- Only print the pages and sections you need

## ADVENTURE AND CHALLENGE:

- Visit a North West landmark that's new to you
- Teach somebody else about adventuring
- Help with a unit's outdoor adventure
- Visit a Girlguiding activity site - check out our handy list [here](#)
- Take part in a new adventurous activity - you could even take part in one of **Girlguiding's Adventurous Activity Schemes** and learn to lead your own adventurous activity!

**\*Remember that adventure is very personal to each individual. What might be adventure for one, might not be for another - there is no 'one size fits all' approach to adventure and challenge!**

## VOICE AND ACTION:

- Write a blog or social media post at county or region level - why not submit your blog post to **The Guiding Vibe**, with the added bonus of earning another badge!
- Take part in an Express! campaign - get in touch with the **Chair of our Express! Committee** to find out how
- Support a social action project at a local, regional or national level - or start one of your own! This could be for your Community Action Project if you're completing your Queen's Guide Award
- Take part in the Girlguiding North West England **Motivate Challenge**

## BEYOND THE UK:

- Plan an event or activity about Girlguiding around the world
- Take part in a WAGGGS event or challenge
- Learn about one of the Girlguiding World Centres
- Join the WAGGGS resource pool
- Make contact with a Girlguiding member from another country
- Plan an international-themed event or activity for your unit or a unit in your area
- Apply to take part in an international opportunity (once international travel resumes)  
- find out more about the range of international opportunities available [here](#) and remember that region, county, and sometimes more local levels of guiding often run international trips too!

## SHARING SKILLS:

- Work with a unit to help them learning something new
- Share a life skill that you have in the Girlguiding North West England Inspire Skill-Share
- Share your experience of participating in a Girlguiding or external award
- Create a vlog for [The Guiding Vibe](#) to share a skill with other members

## EVENTS EXPERIENCE:

- Coordinate or help to organise a virtual meeting or event - it's the **region's 50th birthday** in 2021, so why not plan a celebration event!
- Attend an external event to represent or promote Girlguiding
- Run or help to organise a residential event - why not run one for your fellow Inspire members? **Find out how!**
- Volunteer at a Girlguiding event or activity centre - remember opportunities to volunteer at events are available at all levels of guiding. Check out the region events page [here](#)
- Volunteer at an external event wearing Girlguiding uniform or guiding wear

## LEADING THE WAY:

- Give a presentation at college, university or work about the benefits of becoming a member of Girlguiding
- Give a presentation at a Girlguiding event about the opportunities available through guiding
- Find out what leadership style you are - there are lots of quizzes available online
- Create a blog post for **The Guiding Vibe** about how being a member of Girlguiding has improved your leadership skills
- Take part in the Girlguiding North West England Inspire Skill-Share
- Take action to develop your leadership skills
- Support your local Inspire Coordinator to grow Inspire in your local area

## DEVELOP OTHERS:

- Train to become a **Peer Educator** or start the **Trainer qualification**
- Volunteer as an informal mentor to support a guiding member with a particular area of development
- Take part in the Girlguiding North West England Inspire Skill-Share
- Consider taking on a leadership role in guiding - this doesn't have to be a unit leadership role - there are lots of other roles in guiding such as advisers and commissioners



WE DISCOVER, WE GROW

Girlguiding

North West England



We hope you enjoyed the activities in this pack and had lots of fun embarking on your journey as a member of Girlguiding North West England Inspire! We would love to hear how you got on and to see some photographs of you doing the activities, so that we can share them on our Girlguiding North West England website and social media pages, in the press, online and in our promotional material, so that our members of all ages, potential members and potential supporters can be inspired by everything you've done. Share your story with us by emailing [northwesthq@girlguidingnwe.org.uk](mailto:northwesthq@girlguidingnwe.org.uk).

Once available, badges will be available to purchase via our region online shop: <https://shop.girlguidingnwe.org.uk/> Badges are also stocked at our region store which you can visit once we re-open as usual: Girlguiding NWE, Guiding Road, Preston, PR2 5PD. For now, we suggest using our online store.

We value your feedback so that we can continue to improve our challenge packs.

Please spare a few minutes to complete the short survey upon completing the challenge.

<https://www.surveymonkey.co.uk/r/QMFC5HM>

