

International Day of Friendship

At the core of guiding is friendship. Here are some ways that guiding can help build friendships.

1. Unit meetings

Whether you are a four year old Rainbow or part of a leadership team, your unit will always have your back. These weekly sessions give you the opportunity to learn, grow, challenge yourself, and build relationships with other fantastic people in your group.

No matter where in the UK you move, you'll always find a guiding unit ready to welcome you.

2. Awards

There are so many awards within Girlguiding, such as the Queen's Guide Award and Duke of Edinburgh. In the process of completing these awards, you'll meet new people and build strong friendships.

3. Residentials

Going away with guiding is always a special opportunity. You may be going away with your unit or with a group you've only briefly met before. These nights away are an amazing opportunity for fun and adventure with other guides your age.

4. International Opportunities

Within the Guiding program, there are opportunities to make international friends. They may be pen pals of your unit, someone you've contacted as part of your Commonwealth Award, or people you've met while travelling to a world centre. As part of WAGGGS, there are so many opportunities for international friendship.

And more!

This International Day of Friendship, help us celebrate all of the amazing friends you've made in Girlguiding! Why not send one of the brand new Friends Forever badges to mark the occasion?

<https://www.girlguidingshop.co.uk/products/rainbows/badges/friends-forever-woven-badge--8133/>

