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## GETTING READY FOR MY NEXT ADVENTURE

Moving up!

Name: \_\_\_\_\_\_Age: \_\_\_\_\_











This journal is to help you as you start your journey to the next section within Girlguiding.

If you are a Rainbow, you'll be heading to Brownies. If you are a Brownie, Guides awaits and for Guides, joining Rangers is your next step.

Sometimes it can feel a little scary to leave behind the unit that we have come to love and the leaders that know us so well. But your next adventure is just around the corner and working through this journal will help you to feel happy and confident about moving up!

Where am I going?
Which unit am I due to go to next?



How do I feel about leaving my unit?







Is anything worrying me?



Who can I talk to about it?



What do I think it will be like when I start?



Remember, we are all unique and you are amazing! Don't worry about comparing yourself to others, just concentrate on being the best version of yourself.

